

www.suiciderisk.eu

The HandS project - Handling Suicide risk of adolescents at school - studies the phenomenon of suicide risk in adolescents and analyses the bibliographic sources that reveal the most relevant theoretical and epidemiological bases which will allow to create a training program for school teachers, school psychologists and other care professionals in the circle of school education, and a educational toolkit to be used with adolescents at school, containing support resources from which they receive immediate attention, and which they may have in situation of anguish, urgency and/or loneliness, resources in which they feel cared for and understood, without being judged or questioned.



Suicide in adolescence is a major public health problem and is one of the three most frequent causes of death among young people between 15 to 24 year of age. The factors related to suicidal behavior include individual, family, and social factors.



## **Objective**

The HandS project - Handling Suicide risk of adolescents at school - is aimed to provide training to professionals in schools at the levels of health, education and interpersonal dynamics, on the detection and prevention of suicidal risk in adolescents as an urgent health need.

## Program activities



 Transnational desk research on suicide risk of adolescents carried out by the research staff of the three partners.



 Creation of the HandS etraining toolkit (in English, Spanish and Italian) and implementation on the project website.



Training program: training of 30 among school teachers, school psychologists and other care professionals in the circle of shool education through the use of the HandS e-training toolkit.



4) Pilot educational activities at school: carried out by school teachers, school psychologists and other care professionals trained during activity 3 (estimated number of students involved: 300).

## **Partners**



**FOVIP**Barcelona
www.fovip.cat



**CIPPS**Salerno
www.cipps.it

